

Psalm 30 Epiphany 6-Year B; also Proper 8-B-II, Easter 3-C, Proper 9-C, and Proper 5-Year C-II

***Refrain**

Sipple

Hear, O Lord, and have mer - cy u - pon me; O Lord, be my hel - per.

Verse

1. I will exalt you, O Lord, because you have lifted me up and have not let my enemies tri - umph o - ver me.

2. O Lord my God, I cried out to you, and you res - tored me to health.

3. You brought me up, O Lord, from the dead; you restored my life as I was going down to the grave.

4. Sing to the Lord you servants of his; give thanks for the remembrance of his ho - li - ness.

5. For his wrath endures but the twinkling of an eye, his fa - vor for a life - time.

6. Weeping may spend the night, but joy comes in the morn - ing.

7. While I felt secure, I said, "I shall never be dis - turbed,

You, Lord, with your favor, made me as strong as the moun - tains. *Refrain

8. Then you hid your face, and I was filled with fear.

9. I cried to you, O Lord; I pleaded with the Lord, say - ing,

10. "What profit is there in my blood, if I go down to the Pit?

*Refrain

will the dust praise you or de - clare your faith - ful - ness?

12. You have turned my wailing into dan-cing; you have put off my sack-cloth and clothed me with joy.

*Refrain

13. Therefore my heart sings to you without ceas - ingl O Lord my God, I will give you thanks for e - ver.